

Teenage Girl Summer Camping Packaging Checklist (Outdoorfavor.com)

Teenage Girl Clothes

- 5-6 pair shorts
- 2 washcloths
- 2 beach towels
- Long-sleeve shirt
- 8-10 t-shirts/tanks
- 2 swimsuits
- 2 pairs of long pants or jeans
- 2 sweatshirts
- Sweatpants
- 2 pair pajamas
- 10+ pair socks
- 10+ pair underwear
- Rain poncho or raincoat
- Shower shoes (you can go for flip flops)
- Jacket or hoodie
- Sneakers
- Flip flops
- Slippers
- Baseball hat
- Rainboots (Don't go for flip-flops or crocs because they tend to slip off during rain or other water activities)

- Bathrobe

Teenage Girl toiletries

- Laundry bag
- Tote or toiletry bag
- [Comb](#)/ hairbrush
- Toothbrush
- [Toothpaste](#)
- Deodorant (Not advisable if you're camping in black bear country)
- Shampoo (It is best if you go for a natural one)
- Biodegradable soap (Go for natural one)
- Sunscreen
- Bug spray. You can check out my other article where I've shared some [natural ways to keep mosquitoes away while camping](#).
- Afterbite
- Aloe vera (The only moisturizer you need).

Other camping essentials for a teenage girl

- [Compact sleeping bag](#)
- Lightweight summer blanket
- Pillow (Go for inflatable pillows if space is an issue)
- A good ventilated tent
- Stove
- Water bottle
- Batteries/ [Solar Power bank](#)/ portable power station

- [Backpack](#)
- Sunglasses
- Camera
- Books
- Writing materials
- Pens
- Stamps and Envelopes
- Extra eyeglasses / contacts
- Lantern/ flashlight
- CPAP (if you're doctor advised)

Period essentials

- Pads
- Tampons
- Pantyliners
- Extra underwear
- Undies
- Tide-to-go stick